



## **Items to Bring**

- 1. Clothing and Comfort:**
  - a.** 1 week of regular clothing.
  - b.** Exercise clothing.
  - c.** Swimsuit.
  - d.** Church clothing.
  - e.** Winter – Jacket, hat, gloves, boots.
  - f.** Pillow (if you have a preference)
  - g.** Pictures of family
  - h.** Softball glove
  - i.** Twin mattress pad if desired
- 2. Toiletries:**
  - a.** Normal sundries.
  - b.** Shampoo/Conditioner. Do not bring products containing alcohol, i.e. cologne, mouthwash, etc.
- 3.** \$40.00 cash per month for concessions
- 4.** Stamps/Envelopes
- 5.** All prescriptions should be approved by the Renaissance Ranch Medical Director and filled prior to intake. Please fill for 60 days if possible.
- 6.** Three-week supply of 21mg nicotine patches, lozenges, or gum to be used for taper down. If applicable.
- 7.** Books are okay to bring.